

Virtual Social Hub Programme

Click Zoom Link OR go to <https://zoom.us/join> and enter the Zoom ID

Monday (will go ahead on Bank Holiday Monday hosted by volunteers)	10am - 11:30am	Creative Writing Zoom Link
	12:30pm - 2pm	Virtual Social Hub Zoom Link
	6:30pm - 7:30pm	Evening Social Hub Zoom Link
Tuesday	2pm - 3:30pm	Virtual Quiz (alternate Tuesdays. Next = 30/03/2021) Zoom Link
	6:30pm - 7:30pm	Evening Social Hub Zoom Link
Wednesday	10am - 12pm	Gentle Home Fitness Zoom Link
	6:30pm - 7:30pm	Evening Social Hub Zoom Link
	2pm - 3:30pm (Starts 12 th May, but will not be running 19th May)	Poetry with Mel Link
Thursday	11am - 12pm	Mindful Drawing Zoom Link
	2pm - 4pm	Watercolour Painting Zoom ID: 814 305 87006
	6:30pm - 7:30pm	Evening Social Hub Zoom Link
Friday	10am - 2pm	Watercolour Painting Zoom ID: 814 305 87006
	10:30am - 11:30am	Ladies Time to Talk Zoom Link
	6:30pm - 7:30pm	Evening Social Hub Zoom Link
	1pm - 2pm Starts 7 th May	Mindful Meditation with Donna Link

